

HORA	DILLUNS	DIMARTS	DIMECRES	DIJOUS	DIVENDRES
07:30-08:30	Funcional Body Pump	Pilates	Funcional Body Pump	Pilates	Funcional Body Pump
10:30-11:30	Funcional Body Pump	Pilates 11:30h	Spinning	Pilates 11:30h	Body Pump X-trainig
18:00-19:00	Funcional Body Pump	Zumba 18:30h	Funcional Body Pump	Funcional Body Pump	Zumba
19:00-20:00	Gac	Spinning	Cardio Attack	Glutis	Spinning
20:00-21:00	Zumba	Pilates 19:35h	Zumba	Pilates	Pilates 19:05 a 20:05h